

MARK YOSLOW, Ph.D.

438 Cambridge Avenue, Ste. 120 • Palo Alto, CA 94306 • Phone: 650-324-9484 Ext. 9

PROFESSIONAL SKILLS

Postdoctoral Intern: Counseling and Psychotherapy

Accuracy in provisional diagnosis, allowing for suspected disorders and rule-outs
Assessment experience includes BDI, Bender, CPSS, HFS, LCI-Revised, MCMI-III, MIPS-Revised, PDS, RISB, STAXI-2, TAT, WAIS-III, WASI
Patience with the client, with the disorder, and with the circumstances of the case
Combining approaches from Affective Cognitive Behavioral, Existential-Humanistic, Existential-Jungian, and Transpersonal schools as determined by the needs of the client
Discernment in record keeping, case presentation, and confidentiality
Seeing disorders as a continuum, and therapy as the red thread out of the labyrinth
Inspiring creative thinking and expression for self-exploration
Holding supervision that allows for the humanity of the supervisor, therapist, and client

Expressive Arts and Poetry Therapy in Psychotherapy

Engaging creative curiosity and providing the heart with a voice
Associating specific imagery with specific disorders
Working through crises marked by transformative experience
Supporting clients in the creation of a material record of their personal growth
Identifying patterns of experience and memory within the client's poetic expression
Encouraging a non-invasive, disidentified relationship with the poems
Understanding states of mind and identifying repetitive emotions and feelings
Speaking to metaphors, interpreting symbols, and tracking disorders
Employing the content and meaning of poetry in assessment

Integral Coach

Identifying self-judgments and invoking possibilities
Identifying what needs to shift and speaking to what is possible
Building a plan made of small steps, naming the first step, and encouraging action

Teaching

Graduate level instructor for both Masters and PhD coursework in psychology
At home with highly theoretical and highly technical material
Encourages integration of theoretical material with practical experience
Provides a groundwork for developing personal interest in the material
Honors multiple perspectives and theoretical approaches in psychology
More than 500 hours of experience as a teaching assistant at the PhD level and guest lecturer at the Masters level
International lecturer on transgenerational trauma and the survivor

Executive Leadership

How to listen, when to speak, and how to decide
When to seek advice and rely on the talent of experts
Valuing supervision and respecting the system

RECENT PROFESSIONAL EXPERIENCE

Psychological Assistant (#PSB 33495) (4/08 to the Present)

Wisdom Therapy Institute
438 Cambridge Avenue
Palo Alto, CA 94306

Postdoctoral intern seeing clients under the supervision of Shani Robins, PhD (#PSY 18795).

Assistant to the Clinical Director: Distribution and organization of intern and trainee responsibilities per discussions with Dr. Robins; generation of clinical forms; development of website; organization of training program; locating and engaging educational speakers; development of vision, purpose, mission and values statements for the organization; development of a marketing campaign that meets APA ethical standards.

Postdoctoral Research (6/07 to 3/08)

Presentation of Doctoral Research at International Venues (Germany, Canada, USA)
Preparing research methodology for Dr. Thomas Singer of the Jung Institute, San Francisco
Co-writing articles with Dr. Shani Robins, Core Faculty, ITP
Conversion of doctoral dissertation to a book for a lay audience

Psychotherapy Intern: Supervised Professional Experience

Predoxal Internship Site: John F. Kennedy Community Counseling Center

Director: Rebecca Pegoda-Hallock, M.A.

Individual and Group Supervisor (6/04 to 9/05): Dr. Brian Lippincott

Practicum Site: John F. Kennedy Community Counseling Center

Director: Rebecca Pegoda-Hallock, M.A.

Individual and Group Supervisor (1/04 to 5/04): Dr. Brian Lippincott, Director

Clinical Psychology Program, JFK University (Former Supervisor at JFK (6/03 to 12/03):

Dr. Richard Francisco, SJSU Counseling Center)

Populations Served: Adolescents and Adults

Vision Quest Co-Leader supervised by Gary Plep, LCSW

Shared planning, leadership, safety, and security responsibilities for a 4-day Quest.

For men, age 19 to 75. (My own Quest took place in September, 2002)

September, 2006

September 2005

May, 2006

October, 2004

RELEVANT TRAINING

- Psychotherapy, with Myrtle Heery, Ph.D. (8/2004)
- Group Therapy/Developing and Leading Groups: Myrtle Heery, Ph.D. (1/2004)
- Existential Psychotherapy, James Bugental, Ph.D. & Myrtle Heery, Ph.D. (8/2003)
- Group Therapy/Developing and Leading Group: Myrtle Heery, Ph.D. (6/2003)
- Psychotherapy, with Myrtle Heery, Ph.D. (3/2003)
- Group Therapy Leadership, with Myrtle Heery, Ph.D. (11/2002)
- Existential Psychotherapy, James Bugental, Ph.D. & Myrtle Heery, Ph.D. (8/2002)
- Creative Expression, Institute of Transpersonal Psychology (8/2002 – 8/2004)
- Integral Coaching, Rosie Kuhn, Ph.D., Institute of Transpersonal Psychology (8/2002 – 8/2004)
- First and Second Degree Reiki (4 - 11/2002)
- Vision Quest (10/2002)
- START Lifeskills Training for High Risk Youth & Adults, Family Education Foundation (4/2001)
- ACSM Certified Health/Fitness Instructor and NGA Certified Personal Trainer (1996)

DOCTORAL DISSERTATION APPROVED MAY 13, 2007; PhD GRANTED JUNE 8, 2007

The Pride and Price of Remembrance: An Empirical View of Transgenerational Post-Holocaust Trauma and Associated Transpersonal Elements in the Third Generation. A quantitative and qualitative 2-year study of the echo of the Holocaust through the subculture of Holocaust Survivors focused on their shared cultural complex and the transpersonal role of transformation in relation to posttraumatic stress, anger, and forgiveness. Included development of scales for assessing the impact of transpersonal unconscious contents related to the archetypal energy of the Holocaust as expressed within a transgenerational cultural complex, and for the frequency, duration, and intensity of family exposures to Holocaust trauma.

INTERNATIONAL PRESENTER, EUROTAS, SEPTEMBER 21, 2007

Presented the findings of the dissertation, *The Pride and Price of Remembrance: An Empirical View of Transgenerational Post-Holocaust Trauma and Associated Transpersonal Elements in the Third Generation* to an audience of descendents of the Nazi SS and Holocaust Survivors.

Guest Lecturer, ITP and JFK

Institute of Transpersonal Psychology (for Lisa Shields, PhD)

Transpersonal Psychotherapy, Fall, 2006

Transpersonal Psychotherapy, Spring, 2005

Transpersonal Psychotherapy, Fall, 2005

JFK University Graduate Program in Psychology: Campbell Campus (for Brian Lippincott, PhD)

Assessments, May 21, 2007, Objective and Projective Testing

Assessments, May 14, 2007, Objective and Projective Testing

Psychopharmacology, March 1, 2007, PTSD, BPD, and Substance Related Disorders

Psychopharmacology, February 15, 2007, Medication and Mood Disorders

Psychopharmacology, February 1, 2007, Cellular Neurology, Neurophysiology and Neurotransmitter Systems

Theories in Practice, August 15, 2006, Existential Humanistic Psychotherapy

Theories in Practice, August 8, 2006, Existential Humanistic Psychotherapy

Theories in Practice, July 23, 2005, Existential Humanistic Psychotherapy

Assessments, November 14, 2005, Projective Testing

Assessments, November 21, 2005, Objective Testing

Teaching Assistant, Institute of Transpersonal Psychology, Masters and Doctoral Programs

Transpersonal Psychotherapy for Dr. Lisa Shields (Fall 2006, 30 hours)

Transpersonal Psychotherapy for Dr. Lisa Shields (Spring 2005, 30 hours)

Transpersonal Psychotherapy for Dr. Lisa Shields (Fall 2005, 30 hours)

Group Process for Dr. Myrtle Heery (Winter, 2004, 30 hours)

Spiritual Psychology for Dr. Henry Poon (Winter, 2004, 30 hours)

Group Process for Dr. Myrtle Heery (Fall, 2003, 30 hours)

Psychopathology and Psychodiagnosis for Dr. Henry Poon (Winter, 2003, 30 hours)

Poetry Therapy for John Fox, CPT (Winter, 2003, 30 hours)

Spiritual Psychology for Dr. Henry Poon (Fall, 2002, 30 hours)

Board of Directors, California Institute of Arts and Letters (August 2003-November 2007)

Co-Founder serving on the board of this 500 C3 not-for-profit company serving artists and writers throughout California, enabling art events, shows, and publications. Resigned to pursue psychotherapy internship full time.

Poetry Therapist for Northern California Men's Center Campbell, CA (July-October, 2002)

Under the direction of Gary L. Plep, LCSW, and founder of the NCMC, provided poetry therapy in parallel with group therapy to two men's therapy groups for 12 weeks to enhance deep emotional processing during and between meetings. Issues addressed included integrity, family, relationships, shadow, anger, chronic illness, grief, and spirituality in nature.

Transition Coaching, Palo Alto, CA (April-July, 2002)

Two coaching circles for 12 weeks focusing on transitions in life, primarily in the areas of employment and education with some work in relationships, for men and women.

Adult Education Experience (1975-1978)

New York Institute of Technology: Adult Education

Part-time instructor in behavioral sciences

College Accelerated Program for Police Officers (CAPP).

PUBLICATIONS (1990 TO 2007)

Author, *The Pride and Price of Remembrance: An Empirical View of Transgenerational Post-Holocaust Trauma and Associated Transpersonal Elements in the Third Generation.* (2007) Doctoral Dissertation, Institute of Transpersonal Psychology. ProQuest.

Author, *Drugs in the Body: Effects of Abuse.* (1992) “ If drugs can hurt me, how come it ain't happened yet?” Answers this question objectively with the physiologic effects of crack, PCP, etc., in relation to time: 8 seconds, one minute, one hour, one day, one week, one month, and one year. Used as a resource in junior high schools for introductory physiology with a strong anti-drug message. Franklin Watts, Inc., (144 pages).

Content Editor and Art Editor, *Black Zinnias* (San Francisco, CA 94302) (8/2003-11/2007)

A journal of poetry, short stories, literary criticism, interviews, and political commentary with Jeff Munnis, MFA, publisher and managing editor, and Jessica Duttlinger, Art Director, and staff.

Co-author, *NGA Fitness Trainer Certification Course.* The National Gym Association, Inc., (3/1993 – 1/1995) (580 pages). Home study program launched in 35 states; 17 contributors; directed staff of 5 on the East and West Coasts. Ongoing faculty chair. (www.nga.com).

Update Editor, *Management of HIV Infection: Treatment Team Workshop.* (1991) Handbook Update. World Health Communications, Inc. for Burroughs/Wellcome; 111 pages.

Associate Editor, *AIDS in Family Medicine.* (1990) World Health Communications, Inc. for Burroughs/Wellcome.

Associate Editor, *AIDS in Prison.* (1990) World Health Communications, Inc. for Burroughs/Wellcome.

Editor, *Pharmacologic Intervention in Subarachnoid Hemorrhage: Cerebroselective Nimotop (nimodipine/Miles).*World Health Communications, Inc. for Miles, Inc. The role of nimodipine as a calcium channel blocker, and its effects on cerebrovasculature; 1990.

Assistant Editor, *Sun Sense: A Complete Guide to Prevention, Early Detection, and Treatment of Skin Cancer*. By Perry Robbins, MD. “Identifying Precancerous Growths” and “Promising Research in Malignant Melanoma” simplified for a lay audience. The Skin Cancer Foundation, 1990.

Consulting Medical Editor to Franklin Watts, Inc. (6/1989 — 1/1994) Addiction, fitness, the environment, and AIDS; books for children and young adults.

EDUCATION

PhD in Clinical Psychology
Doctoral Program
Institute of Transpersonal Psychology (June 8, 2007)

MA, Psychology,
Interim Masters, Doctoral Program
Institute of Transpersonal Psychology (2004)

MA, History and Philosophy of Education/ Philosophy of Science
Environmental and Life Sciences Education
School of Education, New York University (1975)

BA, History of Science; Classics/Prehistory, John V. Walsh Seminar in Experimental Education
Operation Scholarship (“Op X”) Honors Program
Pace University (NYC, 1970)

References available upon request.

PROFESSIONAL EXPERIENCE, MULTIMEDIA ADVERTISING, 1977-1999

Chief Creative Officer

The Ideas Group (May, 1999 to August, 1999; company closed with the dot com crash)
300 Broadway
San Francisco, CA

Position and Roles:

- Change Agent
- Advisor to the President
- Director for creative planning and staffing
- Staff mentoring and development
- Building “virtual” freelance teams
- Agency marketing
- Building supplier partnerships
- Creating “Big Rules” for agency conduct
- Leading the branding effort

Achievements in e-Commerce Branding

- eGain Identity and Web site
- ReloAction Identity and Web site
- NextPhase Identity and Web site
- Viking Freight Identity and Web site (design elements)

Creative Writer and Producer

StudioFX: 26 employees (1997–1999)
650 Saratoga Avenue and 240 North 4th Street
San Jose, CA 95129

Position and Roles

- Second in command for the Company and advisor to the CEO.
- Member of the Advisory Board.
- Executive-in-charge for all artistic, technical, and staffing initiatives.
- Producer for all client and proprietary Web sites.
- Content developer and managing editor.
- Writer of key elements in a site or for the entire site.
- Advisor on budgetary issues.

Consulting Writer, Los Gatos, CA (1995-1997)

- Santa Rosa Hospital
- MediaCity Brochure (The ISP Channel)
- New Venture Strategies Radio Commercials
- BEA Manager/SNMP Agent Kit (Managed Objects), for BEA Systems
- BEA Manager SNMP Agent Integrator, for BEA Systems
- Sequel, TUXEDO-SNMP Integration, for BEA Systems

See “PUBLICATIONS” above for 1990 to 1995

Founder and President

Creative Writer

The Advertising Guild of New York: 37 Employees (1986-1989)

- Clients: American Society for Dermatologic Surgery
- Atlas Concrete
- Clinique La Prairie
- International Society for Dermatologic Surgery
- Kone Diagnostics
- Nova Skin Care
- Seals Eastern
- Sony Corporation of America (Magnetic Products)

Vice President, Creative Writer

Advertising and Educational Programs
Landi & Rosiak, Inc. (1983-1986)
630 3rd Avenue, New York, NY 10017

- Clients: Bard Home Health Division, C.R. Bard, Inc.
- MetPath, Inc. Diagnostics and Wellness Programs
- Roche Diagnostic Systems

Independent Writing Contractor (1982-1983)

Copywriting Assignments

- Armour Pharmaceutical Company (Thrombinar) [Thrombin, Topical {Bovine}]
- Baker Instruments (diagnostics)
- BBL Microbiology Systems (diagnostics)
- Biosearch Enteral Feeding Products (Pumps and formulae)
- Black & Decker Medical Products (orthopaedic surgery)

Deknatel Surgical Instruments (general surgery)
Electro Nucleonics, Inc. (diagnostics instruments)
Ethicon, Division of Johnson & Johnson (needles and sutures)
Hynson, Westcott & Dunning (Directigen)
 (Introduction of the first rapid meningitis infection identification system)
Johnson & Johnson Skin Care Products
Johnston Laboratories (bacteriologic diagnostics)
Knoll Pharmaceutical Company (Isoptin [Verapamil HCl])
McNeil Pharmaceutical, McNEILAB INC.
Duraphyl [Anhydrous Theophylline]
Meadox Medicals, Inc. (Cardiovascular Surgical Implants)
Roche Diagnostic Systems
Serono Diagnostics
Stryker Arthroscopy Systems
Stryker Hospital Beds
Technicon Industrial Systems (diagnostics)
Virgo Reagents (Division of ENI)

Editor, Educational Programs Manager

ProClinica, Inc. (1981-1982)
488 Madison Avenue, New York, NY 10022
 Client: Zimmer Orthopaedics

Senior Medical and Technical Writer

Benton & Bowles/Medicus Intercon International, Inc. (1979-1981)
909 Third Avenue, New York, NY 10022
 Clients: Anderson-Clayton Foods
 Merrell-National Laboratories
 Miles Pharmaceuticals (Bayer, A.G.)
 Norwich Laboratories (Encare)
 Proctor & Gamble (Attends)
 Siemens Electromedical Division
 Siemens Medical Systems Division

Senior Copywriter

Thomas G. Ferguson Associates, Inc. (1978-1979)
1599 Littleton Road, Parsippany, NJ
 Clients: Bard Home Health and Urological Divisions
 Becton-Dickinson, Technique Products Div.
 Electro Nucleonics, Inc.
 Parke-Davis (Deseret OR Division and Med/Surg Products Division)

Independent Contractor (1977-1978)

Copywriting and Editorial Assignments, Techni-Graphic Inc.
Speechwriter and monograph editor for C.E. Pippenger, PhD
Therapeutic Drug Monitoring (TDM)
 for the American Association for Clinical Chemistry, Washington, DC
 and Columbia University, New York
Howmedica Orthopaedics Division, Pfizer, Inc.
Johnson & Johnson

Telectronics Prop., Ltd. Osteostim Division, Australia.
Contributing Editor, Journal of Practical Nursing
“Total Hip Arthroplasty,” February, 1978
“Guidelines to Diuretic Drugs,” December, 1977,

CREATIVE AWARDS

Landi & Rosiak, Inc.
Laboratory Management Readership Award
CEA-Roche EIA System, Roche Diagnostic Systems
1985

Medicus Intercon International, Inc.
Medical Marketing and Media Readership Award
The London Light, Siemens Electromedical Division
1981

Mark Yoslow
New Jersey Art Directors Club Award
Howmedica Orthopaedics Div. Quality Campaign Concept
1980